

# Perfect Breakfast Menu for Test Week

## Monday

Breakfast Tacos

Cranberry-Cherry Juice

## Tuesday

Carrot/Zucchini  
Muffins

Turkey Bacon (Brown  
and Serve)

Milk

## Wednesday

Favorite Omelet plus  
Cheese

Whole Grain Toast with  
Butter

Grape Juice

## Thursday

Steel Cut Oats with  
Strawberries

Orange Juice

## Friday

Turkey  
Sausage  
Scramble  
Bowl

Cran-  
Raspberry  
Juice

**Recipes are listed on  
Page 2, so you may  
print two-sided!**



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